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# Automatic and strategic effects in the guidance of attention by working memory representations

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### ABSTRACT

Theories of visual attention suggest that working memory representations automatically guide attention 22 toward memory-matching objects. Some empirical tests of this prediction have produced results consistent 23 with working memory automatically guiding attention. However, others have shown that individuals can 24 strategically control whether working memory representations guide visual attention. Previous studies have 25 not independently measured automatic and strategic contributions to the interactions between working 26 memory and attention. In this study, we used a classic manipulation of the probability of valid, neutral, and 27 invalid cues to tease apart the nature of such interactions. This framework utilizes measures of reaction time 28 (RT) to quantify the costs and benefits of attending to memory-matching items and infer the relative 29 magnitudes of automatic and strategic effects. We found both costs and benefits even when the memory- 30 matching item was no more likely to be the target than other items, indicating an automatic component of 31 attentional guidance. However, the costs and benefits essentially doubled as the probability of a trial with a 32 valid cue increased from 20% to 80%, demonstrating a potent strategic effect. We also show that the 33 instructions given to participants led to a significant change in guidance distinct from the actual probability 34 of events during the experiment. Together, these findings demonstrate that the influence of working 35 memory representations on attention is driven by both automatic and strategic interactions. 36

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### 42 1. Introduction

To direct our limited-capacity perceptual attention to the 43 important objects in the complex scenes of daily life, we must have 44 internal representations of the objects we wish to locate. For example, 45when we drive near a school we scan our visual field for hazards such 46 47as children crossing the street. Numerous theories of visual attention propose that we implement top-down control of visual attention by 48 actively maintaining a target template in working memory (Bunde-49desen, 1990; Desimone & Duncan, 1995; Duncan, 1996; Duncan & 5051Humphreys, 1989). According to such theories, holding a representation of a child in working memory would automatically guide our 52limited-capacity mechanisms of perceptual attention to children 53 54while driving in a school zone, even without the goal of looking for children per se. 55

The biased competition theory of visual attention (Desimone & Duncan, 1995) provides a concise explanation for how working memory representations enable top-down control. According to biased competition, an attentional template representation in working memory increases the activation of cells selective for the template's features by feeding back to lower-level areas in the brain 61 that perform perceptual analysis. Then, when the system is presented 62 with a complex scene containing multiple competing inputs, this top- 63 down bias increases the probability that the neural representation of 64 the template-matching object will be attended. This theoretical 65 account of top-down attentional control is attractive for its simplicity, 66 but tests of the proposal have shown mixed results. 67

The typical method researchers have used to test the hypothesis 68 that working memory representations guide attention required the 69 participants to hold a representation in working memory while 70 performing a visual search task (Downing, 2000; Downing & Dodds, 71 2004; Houtkamp & Roelfsema, 2006; Olivers, Meijer, & Theeuwes, 72 2006; Soto, Heinke, Humphreys, & Blanco, 2005; Soto, Hodsoll, 73 Rotshtein, & Humphreys, 2008). The researchers reasoned that if 74 working memory guides attention, then attention should be directed 75 toward memory-matching items during visual search, even if these 76 items are distractors in the search array (i.e., non-target items). Some 77 studies have found evidence that items in the visual field matching 78 working memory representations do attract attention to themselves 79 (e.g., Downing, 2000; Olivers et al., 2006; Soto et al., 2005). This 80 evidence has motivated the conclusion that representations in 81 working memory automatically guide attention (e.g., Soto et al., 82 2008). However, other studies have found no attentional preference 83 for items matching working memory representations or find that 84 attention is directed away from the memory-matching items when 85

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doing so could improve search performance (Downing & Dodds, 2004; 86 87 Houtkamp & Roelfsema, 2006; Peters, Goebel, & Roelfsema, 2009; Soto & Humphreys, 2008; Woodman & Luck, 2007). These studies lead 88 89 some researchers to conclude that the influence of working memory representations on perceptual attention is governed by flexible, 90 higher-level strategies (Downing & Dodds, 2004; Woodman & Luck, 912007). Like the debate over the automaticity of attentional selection 9293 during different spatial cuing paradigms (e.g., Jonides, 1981; Yantis & 94 Jonides, 1990), the current debate about attentional guidance by 95 working memory representations is framed in terms of automaticity 96 versus voluntary control. It is important for us to note that no single methodological difference can distinguish the studies that conclude 97 working memory automatically guides attention from those that 98 99 support conclusions of strategic, voluntary control (Olivers, 2009; Soto et al., 2008). The variability of findings from such experiments 100 leads us to hypothesize that multiple factors are playing out during 101 the participants' performance in these dual-task paradigms. 102

Han and Kim (2009) proposed an account that sought to reconcile 103 the variety of results described above. They proposed that there is an 104 automatic guidance of perceptual attention to select memory-105matching items in the visual field, but that cognitive control can 106 override this guidance given sufficient time for this control to be 107 108 implemented. In their account, if perceptual processing of a visual 109 search array can be accomplished quickly (reaction times, RTs, on the order of 1100 ms in their study), then cognitive control will not be 110 able to counteract the effects of automatic guidance to memory-111 matching items. However, if perceptual processing takes a sufficient 112 113 amount of time (RTs of approximately 1700 ms in their study), then cognitive control can be used to counteract the default attentional 114 shift toward the working memory-matching item. Although this 115hypothesis provides a succinct account of previous results, Han and 116 117Kim (2009) had to rely upon observing qualitatively different patterns 118of results across experiments with different methods. Thus, a goal of the present study was to determine whether the proposed automatic 119 and strategic interactions between working memory representations 120and perceptual selection could be measured simultaneously. 121

122 The basic dual-task paradigm used in these previous studies (i.e., performing visual search during a working memory task) has proven 123 inadequate for definitely resolving the debate over whether 124guidance of attention by working memory representations is 125automatic or strategic. What extensions of this paradigm could 126 127 help us distinguish between automatic and strategic effects? We turned to classic studies of attention and automaticity to answer this 128 question (Posner, 1978, 1980; Posner & Snyder, 1975). Posner and 129130 Snyder (1975) partialled out the influence of automatic and strategic processes during priming paradigms by manipulating the probabil-131 132ity of valid, neutral, and invalid cues. They proposed that cues which match the identity of subsequent letters (valid cues) would lead to 133 RT benefits (i.e., faster RTs) compared to cues that gave no 134information about the upcoming letters that participants were 135required to discriminate (neutral cues). In contrast, cues that were 136137different than the subsequent stimuli (invalid cues) would lead to 138 RT costs compared to neutral cues (i.e., slower RTs). Posner and Snyder always presented 50% neutral cues, but manipulated the 139probabilities of the valid and invalid cues. In the high probability 140condition, 80% of non-neutral trials were validly cued, and 20% were 141 142invalidly cued. In the medium probability condition, 50% of nonneutral trials were validly cued and 50% were invalidly cued. In the 143 low-probability condition, 20% of non-neutral trials were validly 144 cued and 80% were invalidly cued. According to their logic, 145automatic processes should lead to costs or benefits even when 146 the cue was not likely to be valid. In contrast, strategic influences 147 would be measured by an increase in costs or benefits as cue validity 148 increased. Thus, this methodological framework allows us to 149independently estimate the contribution of automatic and strategic 150151 processes during a single experimental paradigm.

Posner and Snyder (1975) applied the logic to their findings from152the probability manipulation in the following way. They found that all153probability conditions led to a benefit, with only a small increase in154the size of the benefit as the probability of valid cues increased. In155contrast, costs were not present in the low-probability conditions. Based157on this pattern of effects, the authors concluded that priming led to an158automatic benefit, but costs depended on the participant's strategic159use of the cue information.160

The classic logical framework and manipulations of Posner and 161 Snyder (1975) are particularly relevant to the current debate over the 162 role of strategic and automatic processes in the guidance of attention 163 by working memory. When the experiments of Posner and Snyder 164 (1975) are viewed through the lens of the debate regarding the role of 165 working memory, it seems possible that the priming effects they 166 found were in fact due to storage of the prime stimuli in working 167 memory. 168

One existing study suggests that probability manipulations can 169 change the way that working memory representations guide 170 attention. Woodman and Luck (2007) showed that attention was 171 not influenced by the information stored in working memory when 172 no valid trials were presented (i.e., 0%), but attention was directed to 173 memory-matching stimuli in the search array when valid trials were 174 possible but unlikely (i.e., 16.7%). Thus, we believe that the current 175 debate can be informed by utilizing the methods pioneered in classic 176 studies to distinguish contributions from automatic versus voluntarily 177 controlled processes.

### 2. Experiment 1

In Experiment 1, we examined the automatic and strategic 180 components of the guidance of attention by working memory 181 representations across three probability levels. We applied the classic 182 probability manipulation used by Posner et al. (Posner, 1978, 1980; 183 Posner & Snyder, 1975) to the typical dual-task paradigm used in 184 studies of working memory guidance of attention. In the task 185 illustrated in Fig. 1, participants were first shown a colored square. 186 They needed to remember the color until the end of the trial so that 187 they could perform a change-detection task. Then, participants were 188 shown a visual search array and pressed one of two keys to report 189 whether a square with a gap up or down was present among the four 190 objects in the array. The trial concluded with the presentation of a 191 memory-test item. Participants pressed one of two keys to indicate 192 whether the test item matched the memory item shown at the 193 beginning of the trial. 194

There were three trial types distinguished by the relationship 195 between the item that observers had to represent in working memory 196 and the items in the search array. On neutral trials, the visual search 197 array did not have an item that matched the memory item. On invalid 198 trials the visual search array contained a non-target item that 199 matched the color of the memory item. Finally, on valid trials the 200 search target matched the color of the memory item. Across 201 participants, we manipulated the likelihood of valid and invalid trials 202 in the search array. Based on the logic of Posner and Snyder (1975), if 203 attention is automatically directed to the memory match, we expected 204 to find significant costs, benefits, or both even in the condition with 205 few valid trials. In addition, if individuals strategically use knowledge 206 of the likelihood of a memory-target match to guide attention, then 207 costs, benefits, or both should increase as valid-trial probability 208 increases. 209

In the assessment of working memory guidance of attention, early 210 RTs have been emphasized as the best assessment of automatic 211 effects. For example, Soto et al. (2005) based their claims of 212 involuntary effects of working memory items on visual attention on 213 their assessment of the earliest 10% of RTs. In the same vein, Han and 214 Kim (2009) propose automatic attentional orienting to memory- 215

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Fig. 1. Example trial with the memory-matching item as a distractor. Participants made a speeded button-press response to the target shape in the search array and an unspeeded response to the memory-test item. During the entire trial participants performed a concurrent articulatory suppression task to prevent verbal recoding of the memory item.

matching items occurs initially and strategic cognitive control only 216 comes online at some duration after the presentation of the visual 217 search array. According to this logic, automatic effects of guidance 218 may only be apparent in easy perceptual tasks where responses occur 219 before cognitive control comes online. A strict application of their 220account would predict that our study should find no evidence of 221strategic effects when RTs are short than approximately 1700 ms. 222However, a more conservative prediction derived from the account of 223224 Han and Kim (2009) would be that strategic effects may emerge in 225later RTs, but should not be present in the early RTs.

To test the more detailed predictions about the dynamics of 226 strategic cognitive control and to examine how the pattern of RTs 227 changed across the three probability conditions, we also computed 228 229vincentized cumulative RT distributions of valid, neutral, and invalid trials in each probability condition (Ratcliff, 1979). If attention is 230oriented to memory-matching items automatically and is subse-231 quently overridden when strategic cognitive control comes online, 232233then we should observe that the earliest RTs evidence an obligatory 234shift of attention to the memory-matching item with the later RTs 235showing evidence of strategic influences across the probability conditions. Thus, we tested for the presence of automatic and 236strategic effects on search performance by examining the effects of 237the probability manipulation on mean RT as well as across the RT 238 239 distributions.

### 240 2.1. Method

#### 241 2.1.1. Participants

Thirty-six participants were recruited through the Vanderbilt 242 University participant pool for course credit or payment. All reported 243 having normal color vision and normal or corrected-to-normal acuity. 244 245After obtaining informed consent, the participants were randomly 246assigned to one of the three probability conditions (20%, 50%, or 80% memory-target match trials, as described in detail below). Two 247participants were replaced because they failed to respond on more 248than 25% of trials, and one additional subject was replaced due to 249search accuracy more than 3 standard deviations below the group 250251mean.

#### 252 2.1.2. Stimuli and apparatus

Stimuli were presented using Psychtoolbox for Matlab (Brainard, 2532541997). Each participant was seated approximately 57 cm from the 255monitor. The stimuli were drawn from a set of five easily discriminable colors: red (x=.602, y=.336, 33 cd/m<sup>2</sup>), green (x=.282, y=.586, 256104 cd/m<sup>2</sup>), yellow (x=.399, y=.504, 119 cd/m<sup>2</sup>), blue (x=.148, 257 y = .078, 17 cd/m<sup>2</sup>), and magenta (x = .289, y = .151, 42 cd/m<sup>2</sup>). The 258fixation point in the center of the screen subtended approximately 259 $36^{\circ} \times 36^{\circ}$  of visual angle and was drawn in white (<120 cd/m<sup>2</sup>). The 260memory item on each trial was a filled square  $(.90^{\circ} \times .90^{\circ})$  presented 261centered 1.35° above the central fixation cross. Each search array was 262composed of four Landolt squares (  $.90^{\circ} \times .90^{\circ}$ ,  $.18^{\circ}$  line thickness, with a 263264gap on one side of approximately .36°). The Landolt squares were presented on an imaginary circle with a radius of 7.16° from the center 265 of the fixation cross. The search target had a gap on its top or bottom, 266 and the distractors had gaps on their left or right. Articulatory 267 suppression stimuli were four letters or digits presented embedded 268 in an instructional sentence before each block, drawn in white 269 (<120 cd/m<sup>2</sup>) with each character presented within an area of 270  $165^{\circ} \times ,65^{\circ}$ .

Each trial began with a 500-ms presentation of the fixation cross, 272 followed by a 500-ms presentation of the memory-sample item. After 273 a period of 500 ms in which only the fixation cross was visible, the 274 search array was presented for 3000 ms. Participants searched for a 275 target with a gap on its top (50% of trials) or a gap on its bottom (50% 276 of trials). Participants made a speeded response to the location of the 277 target gap by pressing one button on a gamepad when the gap was on 278 the top of the square and a different button when the target gap was 279 on the bottom. The offset of the search array was followed by a 500 ms 280 interval in which only the fixation cross was visible. Next, the 281 memory-test item was presented in the same location as the memory- 282 sample item for 2000 ms. The memory test was identical to the 283 memory sample on half of all trials and was a different color on the 284 other half of trials. Participants responded with one button if the 285 memory-test item was the same color as the memory-sample color 286 and another button if the color had changed (separate buttons were 287 used for search and memory task responses). Whether the memory 288 item changed was not correlated with the type of visual search array 289 presented (i.e., neutral, invalid, or valid trial) and all factors were 290 randomized across the experimental session. 291

### 2.1.3. Design and procedure

Each participant completed 8 practice trials before completing 293 8 blocks of 30 trials for a total of 240 experimental trials. There were 294 three between-subjects conditions, across which we manipulated the 295 probability of the different trial types. In all three conditions, 50% of all 296 trials were neutral, in which no memory-matching item was present 297 in the search array. For the 20% memory-target match condition, the 298 memory item was the same color as the target on 20% of the non- 299 neutral trials (total trials: 10% valid, 40% invalid, 50% neutral). Of the 300 non-neutral trials for the 50% memory-target match condition, the 301 memory match was the same color as the target on 50% of trials (total 302 trials: 25% valid, 25% invalid, 50% neutral). In the 80% memory-target 303 match condition, the memory-match was the same color as the target 304 on 80% of the non-neutral trials (total trials: 40% valid, 10% invalid, 305 50% neutral). Each participant was informed about the assigned 306 probability of valid, invalid, and neutral trials before beginning the 307 practice block. 308

At the beginning of the experiment, a string of letters or digits (i.e., 309 "a,b,c,d", "1,2,3,4", "6,7,8,9", or "w,x,y,z") was presented until the 310 participant made a button-press response to begin the experiment. 311 After each block of trials, participants were given a 15-second break 312 during which they were presented with a new set of articulatory 313 suppression instructions. Participants were required to repeat these 314 letters or digits aloud at a rate of 3–4 per second throughout each trial 315

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of the experiment. Their verbal responses were recorded for offline analysis to verify that they complied with these instructions.

The neutral condition was used as a baseline to assess the costs of 318 319 the memory-matching item appearing as a distractor and the benefits of the memory-matching item as a search target for each participant. 320 Statistical analyses of search RT were performed on all three trial 321 types (valid, invalid, and neutral) and the derived cost and benefit 322 measures.<sup>1</sup> Trials in which there was no memory response or no 323 324 search response (3.5% of trials) were excluded from all analysis. 325 Additionally, trials with an incorrect memory response (3.5% trials) 326 were excluded from analysis of search RTs, as were trials with a RT below 200 ms or 3 standard deviations above each subject's mean (1% 327 of trials). All p-values were Greenhouse-Geisser corrected due to 328 329 violations of the assumption of sphericity.

To examine the RT distributions, we computed vincentized cumulative RT distributions of valid, neutral, and invalid trials in each probability condition. We first computed distributions for each condition for each subject, and then created a group mean distribution by averaging each quantile within each group and condition. This procedure ensures that the shape of the mean distribution is not a distortion of the shape of the individual distributions (Ratcliff, 1979).

### 337 2.2. Results

### 338 2.2.1. Search task performance

339 Across probability conditions, search RTs were fastest when the target matched the memory item (M = 848 ms), slower on neutral 340 trials in which there was not an item in the search array that matched 341 the color of the memory item (M = 1132 ms), and slowest when the 342 memory-matching item was a distractor in the search array 343 (M = 1240 ms). As the mean RTs in Table 1 show, the overall search 344 RTs were similar across the validity probability condition. An ANOVA 345 with the within-subjects factor of trial type (valid, invalid, or neutral) 346 and the between-subjects factor of probability condition (20% versus 347 348 50% versus 80% memory-target match) yielded a significant main effect of trial type (F(2, 66) = 255.11, MSE = 5784, p < .001) due to the 349 pattern of RTs above. We also found a significant interaction of trial 350 type X probability condition (F(4, 66) = 10.21, MSE = 5784, p < .001) 351 352 due to trial types having the largest effects in the 80% condition, 353 followed by the 50% condition, and the smallest influence in the 20% condition. Search response accuracy was above 99% correct across 354trial types in all conditions (F < 1.0). 355

We next examined the derived cost and benefit measures to 356 357 directly assess the automatic and strategic contributions to the 358 guidance of attention by working memory. Following the classic 359 logical framework described above, we expected costs or benefits in 360 the 20% condition to be significantly larger than zero if working memory representations automatically influence visual attention. We 361 found a significant cost (M = 69 ms; t(11) = 3.54; p < .01), as well as a 362 significant benefit (M = -200 ms; t (11)=6.54; p<.0001). These 363 show automatic costs and benefits of attending to the memory-364 matching items. 365

If there are strategic influences on the guidance of attention by 366 367 working memory, then we expected the costs or benefits to increase with increasing probability of memory-target match. As shown in 368 Fig. 2, the magnitude of both the costs and benefits increased as the 369 probability of memory-target match increased. In the 20% condition, 370 the cost was 69 ms, in the 50% condition the cost was 108 ms, and in 371 372 the 80% condition the cost was 147 ms. Benefits also increased (i.e., became more negative) as the probability of a memory-target match 373 374 increased, from a mean of -200 ms in the 20% condition, to -260 ms

#### Table 1

Mean responses times (rounded to the nearest millisecond) for each array type and probability condition in Experiment 1 and Experiment 2.

Experiment 1	20% Valid	50% Valid	l 80% Valid	Total	t1.2 t1.3
Memory distractor trials	1156 ms	1196 ms	1369 ms	1240 ms	t1.4
No memory trials	1086 ms	1088 ms	1222 ms	1132 ms	t1.5
Memory target trials	886 ms	828 ms	831 ms	848 ms	t1.6
Experiment 2	20% Vali	d	80% Valid	Total	t1.7
Memory distractor trials	1207 ms	;	1341 ms	1274 ms	t1.8
No memory Trials	1084 ms		1192 ms	1138 ms	t1.9
Memory target trials	812 ms		849 ms	830 ms	t1.10

in the 50% condition, to -392 ms in the 80% condition. These 375 observations were supported by the results of an ANOVA with the 376 within-subject factor of memory-match influence (costs versus 377 benefits) and the between-subjects factor of probability condition 378 (20% versus 50% versus 80% memory-target match). This ANOVA 379 yielded a main effect of memory-match influence (F(1, 33) = 321.50, 380 MSE = 8602, p < .001) due to costs being positive values and benefits 381 being negative values, but no main effect of probability condition (F 382 (2, 33) = 2.49, MSE = 8904, p = .10). The modulation of the positive 383 costs and negative benefits with increasing memory-target match 384 resulted in an interaction of memory-match influence X probability 385 condition (F(2, 33) = 12.88, MSE = 8602, p < .001). 386

Our pair-wise planned comparisons of the influence of memory- $_{387}$  target match probability on the costs and benefits showed that the  $_{388}$  cost in the 80% condition was significantly larger than the 20%  $_{389}$  condition (t(22) = 2.74, p<.05). The benefit in the 80% condition was  $_{390}$  significantly larger than the 50% condition (t(22) = 2.82, p<.01) and  $_{391}$  larger than the 20% condition (t(22) = 4.24, p<.001). No other pair- $_{392}$  wise comparisons were significant. The pair-wise comparisons  $_{393}$  confirm that both costs and benefits increase with increasing  $_{394}$  probability of memory-target match trials, supporting the hypothesis  $_{395}$  that potent mechanisms of strategic control influence working  $_{396}$  memory guidance of attention.

If strategic effects only come online later in the trials and are present 398 in the slower RTs, then we should find similar effects at fast RTs (e.g., 399 the first 10% of trials) for each condition, with group differences only 400 appearing later. To test this, we examined the RT distributions for each 401 trial type in each probability condition. The results of this analysis 402 suggest that the explanation of the mean RT effects based on differences 403 only in the tails of the RT distributions is incorrect. Instead, we found 404 strategic effects due to the probability manipulation even in earliest 405



Fig. 2. The derived RT costs and benefits from Experiment 1. The RTs are shown in terms of costs (invalid trial mean RT minus neutral trial mean RT) and benefits (valid trial mean RT minus neutral trial mean RT). Error bars for the costs and benefits represent the 95% between-subjects confidence intervals for the main effect of probability on costs and benefits, respectively.

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t1.1

<sup>&</sup>lt;sup>1</sup> To remove trials with outlying search RT<u>a</u> we identified trials where the RT was more than 3 standard deviations from the mean for each participant within each condition were trimmed (Van Selst & Jolicoeur, 1994).

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decile of the RT distribution. Wilcoxon rank order tests on the costs and 406 407 benefits of the 1st quantile of RT data showed the costs in the earliest quantile were larger for the 80% condition (243 ms) compared to the 408 409 50% condition (120 ms; Z=3.52; p<.001) and the 20% condition (77 ms; Z=3.72; p<.001). Similarly, the benefits for the earliest 410 quantile were larger for the 80% condition (198 ms) than the 50% 411 condition (124 ms; Z=2.92; p<.01) and the 20% condition (67 ms; 412 Z=4.01; p<.001). In addition, the benefits for the 50% condition were 413 414 larger than the benefits for the 20% condition (Z = 2.40; p < .05). These 415 findings show that the strategic effects of condition were present even

Q3 416 in the earliest RTs in the distributions (Fig. 3).<sup>2</sup>

#### 417 2.2.2. Memory task performance

418 Fig. 4 shows memory accuracy across the three probability conditions. Memory-task accuracy was high, averaging 96% correct 419across all conditions and trial types. Specifically, memory accuracy 420 was 95% correct when the memory-matching item was a distractor, 421 96% correct when the memory item was not present, and was best 422 when the memory item was the target (97% correct). This resulted in a 423 significant effect of trial type (F(2,66) = 8.21, MSE = 7.46, p<.01). The 424 trial type had the largest effect on the 80% probability group then the 425 50% probability group and had little influence on the 20% probability 426 427 group, leading to an interaction of trial type X probability condition (F (4,66) = 4.35, MSE = 7.46, p < .01).428

### 429 2.3. Discussion

430 In Experiment 1, we made two primary observations. First, in the 20% condition, in which a match between the memory item and the 431 target was unlikely, we found both significant costs and benefits on 432 search RT from a match between an object in the search array and the 433 434 memory representation. Using the classic interpretative framework of 435Posner and Snyder (1975), this provides evidence for an automatic 436orienting of attention to memory-matching objects in the search array. Second, we found that the magnitude of both the costs and 437benefits increased across the conditions with increasing probability of 438 a memory-target match. This effect of probability structure led to a 439440 large change in the measured costs and benefits, with the costs and benefits approximately doubling between the 20% memory-target 441 match group and the 80% group. This pattern of results indicates that 442 potent strategic influences modulate the size of the working memory 443 guidance effects relative to the magnitude of the automatic costs and 444 benefits 445

There are two factors that may have contributed to the scaling of costs and benefits with increasing probability of a match between the memory item and the search target. First, it is possible that the effects were due to the instructions about the probability structure. In other words, participants conformed their task performance to the explicit instructions causing the top-down effects we observed during Experiment 1. Second, the actual probability structure during the



**Fig. 3.** Reaction time distributions from Experiment 1. Data points represent vincentized values averaging the responses of all subjects in a condition at each quantile. Solid lines are responses when the memory-matching item was the target, dashed lines are the responses when the memory-matching item was absent, and dotted lines represent responses when the memory-matching item was a distractor.

task may have caused the sensitivity to probability that we observed 453 in Experiment 1. That is, the probability that the memory item and the 454 target were the same color may have driven the effects. These 455 alternative explanations are not mutually exclusive, but contrast topdown versus bottom-up sources of the large strategic effects upon 457 attentional guidance by working memory. That is, it is possible that 458 both of these factors contributed to the pattern of effects in 459 Experiment 1. In Experiment 2, we sought to distinguish between 460 these explanations for the large scaling of the costs and benefits 461 observed in Experiment 1 across the probability conditions.

### 3. Experiment 2

To determine the source of the effects we observed in Experiment 1, 464 we held the actual probability of the different trial types constant and 465 gave different instructions to the participants regarding the probability 466 structure of the experimental design. If the instructions in Experiment 1 467 influence the probability scaling of the costs and benefits on search RT, 468 then providing different instructions about the probability structure to 469 the participants should induce changes in costs and benefits. In 470 contrast, if the actual probability of the different trial types drove the 471



Fig. 4. Memory-task accuracy from Experiment 1. Error bars represent 95% withinsubjects confidence intervals.

<sup>&</sup>lt;sup>2</sup> The classic recommendation for creating individual cumulative distributions functions suggests a minimum of 10 observations per cell per subject (Ratcliff, 1979). Given the nature of the probability manipulation, we were not able to achieve this number of observations for all cells for each subject in each group (i.e. the 20% group only had 24 valid trials). Therefore, these results should be viewed with some caution. However, examination of the pooled group data leads to similar results. Costs and benefits of the 1st quantile of the pooled group data are very similar to the means calculated from individual distributions (20% group 78 ms costs and 93 ms benefits, 50% group 126 ms costs and 127 ms benefits, 80% group 217 ms costs and 195 ms benefits). Observation of the first correct pooled group responses for valid and invalid trials is telling. The first correct invalid response for the 20% group was made before the first correct valid response, whereas the first correct invalid response for the 50% group was made after 9.6% of valid responses, and the first correct invalid response for the 80% group was made after 58.3% of all correct valid responses. Consistent with these group findings, more recent work suggests that the 10-observation threshold is not particularly special because lower sample sizes do not create systematic biases in the observed distributions provided the data are not so sparse such that large portions of the cumulative distributions functions are missed (Van Zandt, 2000).

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effects in Experiment 1, then our instructional manipulation should not 472473 modulate the costs or benefits. Finally, it is possible that either the RT costs or benefits may be more sensitive to top-down sources of 474475information (i.e., the task instructions). If this were the case, then we would expect the instructional manipulations to dissociate the cost and 476 benefit measures of attention due to a memory match. This would be 477 similar to the findings of Posner and Snyder (1975) that benefits were 478 automatic but that that costs were dependent on observers strategically 479480 using the information that was provided.

### 481 3.1. Method

482 All methods in Experiment 2 were identical to Experiment 1, 483 except as follows.

#### 484 3.1.1. Participants

A new group of 34 participants from Vanderbilt University 485participated in this study for course credit after giving informed 486 consent. These participants were randomly assigned to one of two 487 possible instructional conditions (80% and 20% memory-match instruc-488 tions, described below). Participants were replaced if they failed a 489 manipulation check at the end of the experiment in which they had to 490 recall the probability structure they were told during the instructions. 491 This led to the replacement of 9 participants. Two additional 492 493 participants were replaced because they failed to respond on more than 25% of trials and one was replaced because memory accuracy was 494 more than three standard deviations below the group average. 495

#### 496 3.1.2. Design and procedure

The participants in the 80% instruction condition were instructed 497 that when the memory-matching item was present in the array, it 498 would be the search target on 80% of trials. The participants in the 20% 499 instruction condition were instructed that when the memory-500501matching item was present in the array, it would be the search target on 20% of trials. The actual probability structure presented to both 502instruction conditions was identical to the 50% memory-match 503condition in Experiment 1 (total trials: 50% neutral trials, 25% valid 504trials, and 25% invalid trials). Thus, each participant was given false 505instructions about the probability structure before beginning the 506practice block. At the end of the experimental session, the participants 507were asked two questions. First, they were asked to indicate the 508proportion of trials the memory-matching item would be the search 509target that we told them in the instructions. Any participant that failed 510the manipulation check by incorrectly reporting the instructed 511proportion of trials where the memory color would match the search 512target was replaced. Second, they were asked to indicate what they 513514 thought the actual proportion of trials that the memory-matching 515item was the search target when it was in the array.

- 516 3.2. Results
- 517 3.2.1. Search task performance

Search RTs were fastest when the memory-matching item was the 518target (M = 830 ms) followed by when there was no memory-519matching item in the array (M = 1138 ms), and was slowest when 520521the memory-matching item was a distractor (M = 1274 ms; see also Table 1). Mean search RTs were 1034 ms for the 20% instruction 522condition and 1126 ms for the 80% instruction condition. The ANOVA 523 (within-subjects factor of trial type (valid, invalid, or neutral) and 524between-subjects factor of instruction condition (20% versus 80%)) 525yielded significant main effects of trial type (F (2, 64) = 382.05, 526MSE = 4599, p < .001), as described above, and a significant interaction 527of trial type X probability condition (F (2, 64) = 4.669, MSE = 4599, 528p < .05) due to the larger effects of trial type in the 80% than the 20% 529530condition. The main effect of probability instruction failed to reach significance (p = .07). Search Accuracy was above 98% correct across all 531 trial types and conditions (p > .30). 532

To further examine the influence of instruction on search RT, we 533 next contrasted the costs and benefits derived from the two 534 conditions. As illustrated in Fig. 5, the 20% instruction condition 535 showed a 124 ms mean cost and the 80% instruction condition 536 showed a 149 ms cost. The RT benefits were 71 ms smaller for the 20% 537 instruction condition (M = -272 ms) than the 80% instruction 538 condition (M = -343 ms). Entering these data into an ANOVA 539 yielded a main effect of memory-match influence (F (1, 32) 540 = 440.73, MSE = 7598, p < .001) and an interaction of memory- 541 match influence X instruction condition (F (1, 32) = 5.26, 542 MSE = 7598, p < .05). The main effect of instruction condition failed 543 to reach significance (p = .18).

To directly assess the influence of instruction on search performance, 545 we next examined the costs and benefits separately. We found that 546 there was no effect of instruction on costs (p = .20). However, 547 instructions that the memory-match would be more likely to be the 548 target led to increased benefits (F (1, 32) = 4.72, *MSE* = 9180, p < .05). 549 Thus, the analyses of costs and benefits indicate that benefits were more 550 sensitive to strategic control governed by the instructions alone than the 551 costs, which more closely tracked the objective probability of trial types. 552

To directly compare the magnitude of the RT costs and benefits 553 between Experiment 1 and 2 we performed an additional analysis 554 using the within-subjects factor of memory-match influence (costs or 555 benefits) and the between-subjects factors of probability (20% versus 556 80%) and experiment (Experiment 1 versus 2). As expected, we found 557 a main effect of memory-match influence (F (1,54) = 644.4; 558 MSE = 7845, p <.001), and an interaction of memory-match influence 559 and condition (F (1,54) = 30.0, MSE = 7845, p <.001). The 71 ms 560 increase in benefits and 25 increase in costs across the 20% and 80% 561 instruction conditions in Experiment 2 was smaller than the 192 ms 562 increase in benefits and the 78 increase in costs from 20% to 80% 563 conditions in Experiment 1. This pattern created a significant 564 interaction of memory-match influence  $\times$  condition  $\times$  experiment 565 (F (1,54) = 6.598, MSE = 7845, p <.05).<sup>3</sup>

As in Experiment 1, we also examined the RT distributions to 567 determine if instructions would lead to a shift in the distribution or to a 568 change in the slope of the distribution as would be predicted if cognitive 569 control comes online during the processing of the search stimuli (Han & 570 Kim, 2009). The distributions in Fig. 6 show that we again observed a 571 shift in the entire distribution. Similar to results of Experiment 1, 572 Wilcoxon rank tests found that the costs in earliest quantile were larger 573 for the 80% condition (188 ms) compared to the 20% condition 574 (136 ms; Z=2.02; p<.05) and benefits for the earliest quantile were 575 larger for the 80% condition (165 ms) than the 20% condition (116 ms; 576 Z=1.96; p<.05). These findings indicate that the RT effects of 577 manipulating the instructions influenced the speed of even the fasted 578 responses and not simply the long tail of the distribution as expected 579 based on previous proposals about the timing of strategic effects.

### 3.2.2. Memory task performance

Fig. 7 shows that memory accuracy was high across trial types and 582 conditions (M = 96% correct). As in Experiment 1, performance was 583 influenced by the type of search array participants viewed on each 584 trial (F (2, 64) = 4.60, MSE = 8.96, p < .05). Performance was best 585 when they had just searched an array where the memory item as the 586 target (i.e., valid trials, M = 97% correct) compared to when the 587 memory item was not present (i.e., neutral trials, M = 95% correct) 588

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<sup>&</sup>lt;sup>3</sup> An alternative explanation for the influence of the probability manipulation on costs and benefits is inter-trial effects. Increasing the probability of valid trials also increases the probability of N – 1 valid trials, which has the potential of increasing the costs and benefits. To address this alternative explanation, in separate analyses, we examined the influence of N – 1 array type on costs and benefits. We found no main effect of N – 1 array type or interaction of array type and condition (ps>.10), indicating that this alternative explanation cannot explain the influence of probability.

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Fig. 7. Memory-task accuracy from Experiment 2. Error bars represent 95% withinsubjects confidence intervals.

**Fig. 5.** The derived RT costs and benefits from Experiment 2. The RTs are shown in terms of costs (invalid trial mean RT minus neutral trial mean RT) and benefits (valid trial mean RT minus neutral trial mean RT). Error bars for the costs and benefits represent the 95% between-subjects confidence intervals for the main effect of probability on costs and benefits, respectively.

and when the memory item was a distractor (i.e., invalid trials, 589M = 95% correct). The pattern of data for the 80% instruction condition 590and 20% instruction condition matched the pattern found in 591Experiment 1. Participants in the 80% instruction condition were 592593most accurate on the memory task on valid trials (97% correct), followed by neutral trials (94% correct) and invalid arrays (94% 594correct), while the 20% instruction condition observers showed 595596similar performance in all 3 conditions (correct performance on 97%) of valid trials, 97% neutral trials, and 96% invalid trials). However, the 597598interaction of instruction and trial type did not reach significance (p = .40).599

### 600 3.3. Discussion

In Experiment 2, the effects of instruction were accompanied by
 effects due to the objective probability of the different trial types
 when compared to Experiment 1. However, we found that the
 magnitude of the RT benefit was influenced by instruction alone, even



**Fig. 6.** Reaction time distributions from Experiment 2. Data points represent vincentized values averaging the responses of all subjects in a condition at each quantile. Solid lines are responses when the memory-matching item was the target, dashed lines are the responses when the memory-matching item was adistractor.

when both groups experienced the same objective probability of the 605 different trial types. Despite the difference in the size of the benefit 606 effect across Experiment 1 and 2, the increase indicates that top-down 607 influences by themselves can alter the way information in working 608 memory is used to guide attention. In contrast, the costs in 609 Experiment 2 were not significantly increased by instruction alone. 610 We discuss possible explanations for this difference in top-down 611 control on costs and benefits in the General discussion. In summary, 612 our findings from Experiment 2, which show influences of both the 613 actual probability and the expectations due to instructions, converge 614 with those of Experiment 1 in demonstrating roles for both automatic 615 and strategic influences on how attention is deployed. 616

### 4. General discussion

In this study, we used the classic framework of Posner and Snyder 618 (1975) to examine the automatic and strategic components of the 619 guidance of attention by working memory representations. In 620 Experiment 1, we found automatic effects of working memory 621 representations on the guidance of visual attention. We also found 622 that strategy could double the size of the effects. In Experiment 2, we 623 found that benefits were scaled by instruction, while costs were not 624 affected by instructions. These findings provide insights into the 625 automatic and strategic interactions of working memory representations 626

Overall, we found that the size of the benefits from the memory- 628 matching item appearing in the array as the search target were more 629 than twice the size of the costs due to the memory-matching item 630 appearing as a distractor. This is a critical departure from several of 631 the classic studies of spatial attention. In the context of spatial cuing 632 paradigms, Posner (1978, 1980) found that costs and benefits of cuing 633 spatial attention were of similar magnitude. The study of Posner and 634 Snyder (1975) on priming is an important exception, in that they 635 found significant RT benefits in the absence of observable costs (i.e., 636 with low cue validity probabilities).

The findings of benefits on RT by Posner and Snyder (1975) are 638 typically interpreted as providing evidence that a priming stimulus 639 automatically enhances the activity of perceptual detectors for that 640 stimulus. The costs, which became evident in their study with higher 641 valid trial probabilities, were proposed to be due to strategically 642 controlled inhibition of the activity of detectors for the other possible 643 targets that are not cued by the prime. The asymmetry that we 644 observed in the present study could be interpreted in a similar vein. 645 Specifically, our observation that RT benefits are more than twice the 646 size of the costs might suggest that there is asymmetric enhancement 647 of features matching those in memory relative to the magnitude of 648 suppression of features other than those stored in working memory. 649 The findings from Experiment 2 provide a useful piece of additional 650 evidence in that they show that the benefits are also more sensitive to 651

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the instructional manipulations than the costs. This further supports
the idea that the mechanisms underlying the positive and negative RT
effects of attentional guidance from working memory are, at least to
some degree, independent.

The asymmetric benefits and costs we observed could be due to 656 distinct mechanisms that perform target enhancement versus 657 distractor suppression (Eriksen & Hoffman, 1974). This theoretical 658 proposal has gained strong support from event-related potential 659 660 (ERP) studies. Specifically, a body of work indicates that the P1 component of the ERP waveform indexes a mechanism involved in 661 662 distractor suppression whereas attentional modulations of the N1 component measures a mechanism of target enhancement (Luck, 663 1995). More recently, ERP experiments have suggested that dissoci-664 665 able mechanisms of target enhancement and distractor suppression are a part of other ERP measures of attentional selection (Hickey, Di 666 Lollo, & McDonald, 2009). However, we believe that this perspective 667 of directly relating costs to the suppression of features and benefits to 668 the enhancement of features needs to be treated with caution in the 669 dual-task paradigms used to study interactions between working 670 memory and attention. In the present experiments, the neutral trials 671 involved presenting a memory item that could have, but did not 672 appear in the array, unlike the truly neutral cue in the classic priming 673 674 experiments of Posner and Snyder (i.e., a "+" instead of a letter). Thus, 675 it is likely that even during our neutral trials, and those in previous studies (Soto et al., 2005), any mechanism that serves to suppress 676 non-memory-matching features was operative (e.g., red and green 677 would be suppressed when the memory item was blue). We believe 678 679 that future research using neuroscientific markers is needed to provide definitive evidence regarding how working memory repre-680 sentations influence mechanisms of suppression versus 681 enhancement. 682

For both costs and benefits, we found that strategy could double 683 the size of the effects due to a match between the working memory 684 representation and an item in the search array. This means that 685 strategic use of the representations in working memory has large 686 modulatory effects on the attention mechanisms enabling the 687 performance of visual search. Moreover, our experimental design 688 689 may have actually underestimated the contribution due to strategic factors. Although we used the 20% valid condition as a measure of 690 purely automatic effects, performance in this condition could also be 691 influenced by strategy. Previous studies have shown qualitative 692 693 changes in how the contents of working memory guide attention when the likelihood of memory-target matches goes from 0 to 16.7% 694 of trials (Woodman & Luck, 2007). Although the memory color was 695 just as likely to be paired with the search target shape as the other 696 colors in the array, our observers may have used the strategy of 697 698 beginning search for the target shape at the location of the memorymatching color. Indeed, a number of participants spontaneously 699 commented during the debriefing period that they found it easier to 700 start their search with the memory-color matching item. 701

We also found that the strategic effects were just as evident in the 702 703 earliest tail of the RT distribution as in later RTs. This is contrary to the 704 account of Han and Kim (2009) that voluntary cognitive control takes a considerable amount of time to implement following the onset of a 705visual scene. Our failure to find a shift in the state of cognitive control 706across time cannot be explained by timing differences between our 707 708 study and that of Han and Kim (2009). The presentation duration of the search array and the ISI between memory item and search array 709 used in the present experiments were nearly identical to the timing 710 used in their study. In addition, our RTs were in line with those of the 711 easy perceptual task in Experiment 2 of their paper. Han and Kim 712 (2009) explained the significant influence of working memory on 713 attention in this easy perceptual task by stating that it was impossible 714 to implement cognitive control before the responses were made. 715 However, we found that both probability and instructional manipula-716 717 tions resulted in shifts of the entire RT distributions due to strategic control, including very early RTs. Therefore, our current findings are 718 inconsistent with explanation based on the timing of cognitive control 719 proposed by Han and Kim (2009). 720

A number of previous studies have not found an effect of working 721 memory representations on visual attention (Downing & Dodds, 722 2004; Houtkamp & Roelfsema, 2006; Peters et al., 2009; Soto & 723 Humphreys, 2008; Woodman & Luck, 2007). How can we reconcile 724 these findings with those presented in the current paper? In the 725 current paper, we sought to measure automatic effects and deter- 726 mined if strategic control of attention could modulate the size of those 727 automatic effects. In essence, both the strategic and automatic effects 728 were working toward creating an influence of working memory 729 representations on RT measures of visual attention. In contrast, these 730 previous studies have pitted strategic effects against automatic effects 731 by ensuring that no valid trials were included (Downing & Dodds, 732 2004; Houtkamp & Roelfsema, 2006; Peters et al., 2009; Soto & 733 Humphreys, 2008; Woodman & Luck, 2007). Our finding that the 734 actual probability also has an effect from Experiment 2, may help 735 explain why the previous studies that included valid trials concluded 736 that working memory guides attention. If it is the case that the 737 strategic effects are at least equivalent in size to the automatic effects, 738 as we found in our study, then when automatic effects guide attention 739 toward the memory-matching item and strategic effects guide 740 attention away, these competing effects will cancel each other out. 741

Before we conclude, let us consider the larger implications of our 742 findings. First, the original goal of studies examining the influence of 743 working memory representations on the deployment of attention was 744 to test theories of attention (Bundesen, 1990; Bundesen, Habekost, & 745 Kyllingsbaek, 2005; Desimone & Duncan, 1995; Duncan, 1996; Duncan 746 & Humphreys, 1989). Accounts that propose feature specific attentional 747 weights (Bundesen, 1990; Bundesen et al., 2005) can easily be modified 748 to account for our results by assuming stronger weightings for the 749 features of the memory representations with increasing valid-trial 750 probability. However, according to the theory of biased competition 751 (Desimone & Duncan, 1995), holding a template in working memory is 752 sufficient to successfully bias perceptual mechanisms to select task-753 relevant items in complex scenes. That is, the target template functions 754 as a mechanism of top-down control without intervention by higher-755 level executive control mechanisms (in contrast see Miller & Cohen, 756 2001). In our present study, we used visual search arrays composed of 757 items that were similar in bottom-up salience. Therefore we only 758 measured the influence of top-down factors. We found that the 759 automatic effect was doubled by strategic contributions in this situation 760 where bottom-up effects do not conflict with the top-down biases. In 761 everyday life, it is likely that the task-relevant inputs will not be the 762 most salient items in the visual field. In these cases, strategic effects may 763 be essential for directing attention to the task-relevant items. If this is 764 the case, then biased competition is missing the crucial strategic 765 component of attentional control. Thus, we argue that the biased 766 competition theory should be extended to account for the large 767 strategic effects that may swamp the automatic guidance of perceptual 768 attention mechanisms to memory-matching inputs. 769

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