PERSONALITY: NATURE AND NURTURE

Genetics
Early Experiences
Life Space
Learning
Expectancies

- I. 1. Definition of Personality
 - 2. Life Style
 - 3. Behavior is a function of Individual and Environment:

Murray; Lewin

- 4. As stability of environment decreases (i.e., variability increases) so does predictability of behavior
- II. 5 personality factors are mostly agreed upon as universal
 - 1. Neuroticism Stable
 - 2. Extroversion Introversion
- 3. Openness to Experiences
- 4. Agreeableness Antagonism
- 5. Conscientiousness or Will to Achieve
 - III. Contribution of Heredity and Shared Environment
 - 1. Neuroticism Males Females
 Heritability .52 .56
 Shared Environment -.05 -.03
 - 2. Extroversion

Heritability .58 .67

Shared Environment -.09 -.12

- 3. Perception of Family Life Swedish Study
 - A. Description of Identical twins reared apart
 - B. Description of Fraternal twins reared together
- IV. Fact: Brothers and Sisters raised in the same family are almost as different in their personalities as people who grew up in separate families.
 - 1. A shared family environment has little influence on personality
- V. Individual differences in personality traits seem, on the average, to be attributable to:

Common family environment = 5% Nonshared environment = 35% Genetic factors = 40%

Measurement error = 20%

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VI. A family is not one environment, but a series or collection of micro environments/niches

- 1. Systematic sources of these micro environments: birth order, gender
 - A. First borns are more conscientious than later born
 - B. Later borns are more unconventional
- 2. Birth order has big impact on strategies used in relationships

VII. General Findings - Personality Traits

- 1. Genes account for 50% of variance
- 2. Environment unique to individual 50%
- 3. The Degree to which same Personality Traits are Estimated to be Inherited
 - A. Tellegen, from twin studies

Social Potency 61% (Leadership)
Traditionalism 60% (Respect for Authority)
Reaction to Stress 55% (Neuroticism)

Well-Being 54% Risk Avoidance 51% Aggression 48%

Achievement 46% Control 43%

Social Closeness 33%

4. Two traits where <u>no</u> evidence of genetic influence: Agreeableness, Niceness.