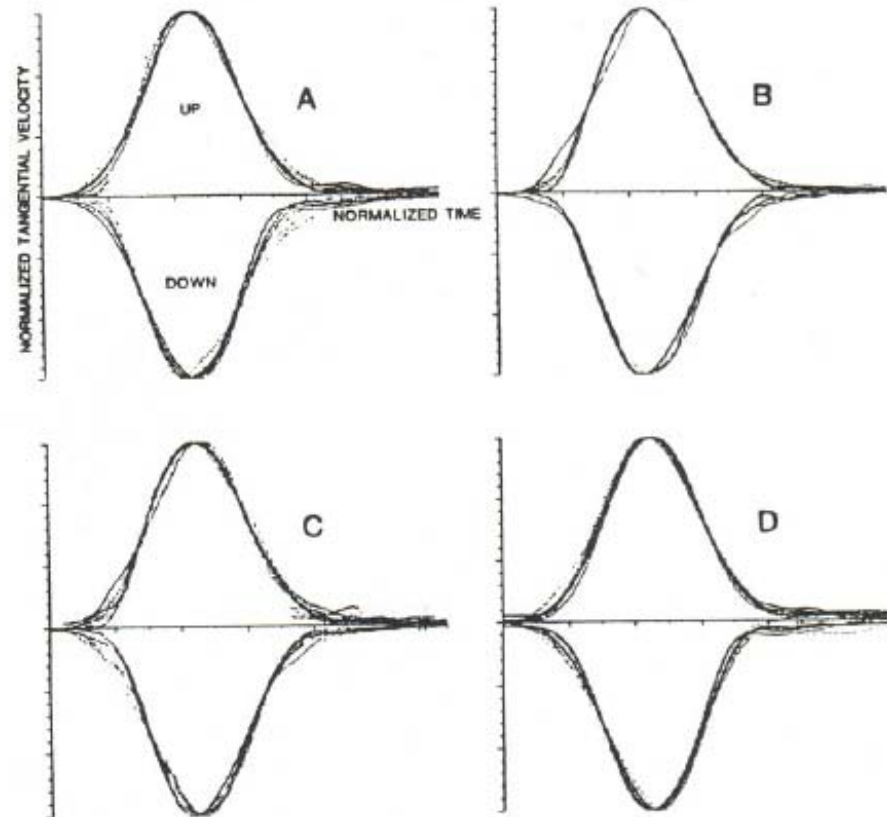


**Figure 2.3**  
 Path invariance across speed and load. (a) Slow, medium, and fast movements in both directions. (b) Medium speed movement with no weights, 2-pound weights, and 4-pound weights held by the hand.



**Figure 2.4**  
 Tangential velocity profiles normalized for speed and distance and aligned at their peaks. (a) Different speeds. (b) Different loads. (c) Different targets. (d) Different subjects.